Principles for Pick Up Artists

Guidelines For Men Who Want To Get More Women

By

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Introduction

What is a “Pick Up Artist?”

Us guys hear this term all the time, but do we really know what it means?

Is a Pick Up Artist just a guy who gets laid a lot? If that’s the case, does that mean I could go out tomorrow and have sex with twenty hookers and still be considered a pick up artist?

Is it a guy who goes out every day and meets women? My twelve year old cousin meets women all the time because they come up to him and tell him how cute he is. Does that make him a pick up artist?

Is a Pick Up Artist a guy who dresses a certain way, drives a certain car, and has a certain type of job that’s all geared towards attracting the opposite sex? If that’s the case, how do you categorize all the other men in the universe who don’t do what he does but still get women?

When it all comes down to it, I believe a “Pick Up Artist” is a state of mind dictated by living your life based on certain principles that make you so attractive, women come up and meet YOU.

That’s where the “Art” of pick up comes into play. Art is an expression of thought, belief, or emotion that other people are able to enjoy and appreciate. The true artist doesn’t need fancy material possessions or anything like that. He’s someone who radiates his own unique system of beliefs and draws people to him like bees to honey.

The notes in this report represent my own personal beliefs, thoughts, and experiences. It is based on years of personal growth and experience as I’ve gone out into the world and improved myself and my lifestyle.

If you’ve read my other works, then you’ll know that I’ve been through many ups and downs. I started off as a lonely loser who couldn’t meet a girl to save his life, to a man who’s happy and secure in his own skin and meets new and exciting women every day.

My skills have gone from zero to incredible and have varied everywhere in between. Right now, they are somewhere in the middle. I’m ok with that because I’ve internalized the most important things. Everything else is just a matter of practice.

Unlike many other guys who try and improve their love life (I’m talking about those who actually go out and try to learn it, that is) my goal is to find a woman I can spend 30-50 years with, raise a family with, and not get bored. For me, that means: no strippers, no married women, no whores.
My life is not based around going to clubs and it’s not based on cheesy lines and routines. It is not intended to get one night stands with women. I basically demonstrate a lot of value with a sense of humor. I am occasionally cocky. That’s ok, because I’m the greatest guy in the world. I can get away with it.

The purpose of this report is to share these principles I live by with you to help you get to a point where you don’t need all those fancy “bells and whistles” other teachers of dating and seduction give you. It’s meant to be a guide to your own personal nirvana, where you walk through life with power and happiness.

All I ask is that you read this report all the way through, and make an effort to internalize it’s teachings. Because when you do, the rewards and success you’ve always wanted will come to you without you even asking for them.

Believe in yourself, and the rest of the world will too.
Purpose

As with everything in life, you must have a PURPOSE. You must know what it is you’re setting out to do and why you’re setting out to do it.

Too often, men just know they “want” something, but they don’t know why they want it. And because they don’t know why they want it, they don’t know how to go about getting it. Before you try to pursue the woman of your dreams, you have to ask yourself what your purpose is, and know the specifics of everything associated with that purpose.

Ask yourself things like:

- Why are you doing this?
- Do you want a girlfriend?
- Three girlfriends?
- A wife?
- Two wives?
- What is your ideal woman?
- Do you have one?
- Where is she hanging out?
- Who are her friends?
- What are her interests?

The more clearly focused you are on what YOU want, the more fulfillment you’ll get out of this. You won’t be wasting time going after women you’re not going to end up liking in the long run. You’ll avoid the poisonous women who will do nothing but cause you pain and suffering in your life.

If you know what you want, you will always have an easier time figuring out how to get it, and you will be able to ignore all the distractions that get in your way of achieving what you want!

When defining your purpose, always be honest with yourself. After all, what’s the point in lying about what it is you want? Be resolute in what you’re going after, and you will get it! If you try and fool yourself into wanting something you think you want but really don’t, you’re only slowing yourself down and keeping you from getting what it is you feel you deserve.

If you tell yourself you’re only looking for one night stands, but deep down you really want a woman who’s going to be a good wife, you’re going to be spending a lot of time being unhappy with the women you’re with!

Know your purpose, and never waiver from it.
Desire

When Hernando Cortez landed his ships in Mexico in 1519, he might have been concerned about a mutiny. He might have been determined to explore the land before him or he might have been exultantly thinking he would never have a need to return to the ocean.

Whatever it was, he instructed his men to burn the ships. One command, a few moments and it was done. The land before them might have been full of deadly creatures or it might have been full of hostile natives or poisonous water, but there was no turning back.

He left part of his men there on the coast and took the rest to find Tenochtitlán (now Mexico City). There he found Montezuma and the rest, as they say, is history.

For Hernando Cortez, there was no turning back. He had a purpose, he knew what he wanted, and he was willing to go all the way around the world to get it. He was willing to devote his very life to achieving what he wanted, or die trying.

The most successful men in life, be it with women, in business, whatever, are filled with desire to succeed.

They are men who are unafraid to burn every bridge behind them and move forward until they get what they want. They are willing to go over, around, or under any obstacle in their path. They are willing to be patient, but wild enough to take risks to get what they want, and when they fall on their face, they get back up and keep going.

Nothing stops men who are driven by their desire.

NOTHING.

The human spirit is one of the most powerful things in existence. If you are resolute in what you want, nothing short of death can keep you from it.

If your desire is to get a girlfriend or a wife, then nothing should stop you from achieving that. Always move towards what it is you want to achieve, and never look back. Don’t waste time with old girlfriends, negative family members, bad influences, or anything else that will hold you back. Do what Hernando Cortez did and burn all your ships so there is no return for you.

When you commit yourself to your desire, nothing will stop you from getting what you want.
**Always Be Improving**

Learning is an ongoing process. Those who stop learning condemn themselves to a life of stagnation and boredom.

You must always be improving who you are. Be it by getting a better job, becoming more healthy, or having more positive people in your life, your goal should be to constantly make your life more conducive to your happiness.

There are people out there who fear change. But you should not. You should always be welcoming change. And if things aren’t changing, you should be forcing them to. If you get stuck in your ways, you will cease to progress, and the lack of forward momentum is the primary factor in failure.

Look around at all the unhappy people around you. Look at what they are doing. Are they striving to improve their lives? Are they trying to improve who they are? Or are they doing what they’ve always done and getting the same result they’ve always gotten?

Improving yourself can be a long, hard, thankless process. It requires a great deal of inner strength and inner drive to continue to do it. But in the end, the rewards are greater than you can possibly imagine.

In order to improve, you must learn, and then apply what you have learned. The best teacher there is in this world is experience. There is no substitute for going out and discovering the lessons life has in store for you.

It’s been my experience that men who don’t bother to go out and meet women, and talk to them, and date them, are the ones who know the least about them. They aren’t willing to gain the experience they need to get what they want.

This is because experience is based on failures as well as successes. And though people want the success, they’re unwilling to accept the failures that go along with it.

If you shy away from the hard lessons life has to teach you, you will never experience the rewards it has in store for you. It takes courage and fortitude to learn and to improve yourself. It’s the cowherd who sits alone in his room at night not willing to fail because he’s scared of succeeding.
Confidence

The most important trait any man can possess is that of “confidence.”

Confidence is one of those words that is used so often, people have forgotten what it really means. What one person considers “confident,” isn’t necessarily what another person would consider it to be.

Probably the most frustrating thing a man can hear from a woman is that she finds “confidence” attractive.

How many times have you heard this and thought to yourself “what does that mean?”

Well, you’re not alone. Sometimes men can mistake cockiness or arrogance for being confident. So what are the differences between the three?

Confidence says – “Hey, I’m something pretty special that’s worth a close look. I know this based on my preparation, skills, and past successes.”

Cockiness says – “I’m so confident, I can walk right up to you and have a good chance at winning you over. Oh, and while I’m a nice guy, I’m not worried about what I say to you or messing up. If you thought the ball was in your court, think again.”

Arrogance says – “You are inferior, if you don’t give in to me, you are an idiot.”

Confidence is great. A little cockiness is sometimes attractive. Arrogance is not.

Confidence is not something you think about, it is the way you are. It is a state of mind, a character trait. Ideally you feel so good and natural about it that the word "confidence" never pops up in your mind.

Cockiness can sometimes be considered “over-confidence.” When you are cocky, you can really display that all-important “I don’t give a shit” attitude that all the best ladies men have. A little bit of cockiness can allow you to be wild, funny, or adventurous, and it can be quite powerful when used right. But taken too far, it will seem like you’re over-compensating for your lack of confidence. Remember that a little bit of cockiness goes a long way.

Arrogance is “self-centeredness.” When you are arrogant, you can come across as someone who cares nothing for others and only for yourself. Though in the short-term arrogance has the possibility of attracting someone, in the long term, it is really an attitude that will repel people away from you. No one wants to be around someone who is only caring about himself all the time and looking down at others. And those who DO want to be around someone like that are mentally unbalanced with extreme low self-esteem, and you will never find happiness with people like that.
Be An Alpha Male

When it comes to the dating game, there are two types of men out there:

1. The Alpha Male – someone who gets a lot of women
2. The Beta Male – everyone else

I’m not interested in going deep into the psychological validity of the alpha/beta theory. Just watch a nature program for the gist of it. In the dating world of man, alphas eat the prime rib, betas beg for scraps.

What is an alpha male? It’s different for everyone, but you already know what you will be like as an alpha. Just look around for guys who are successful with women. Whatever positive qualities you see are the ones you should develop.

Typically, an alpha male has these qualities:

- A good sense of humor
- An easy-going disposition
- An openness of his thoughts and feelings, particularly about typical “non-alpha” things such as hating sports or enjoying girlie drinks.
- Confidence
- An ability to be forward… to walk up to any woman and say anything, even if it comes off as stupid.
- Takes pride in his appearance
- Smiles a lot and likes to have fun.
- Good body language (open chest, broad shoulders, relaxed stance, etc)
- Powerful voice
- Controls conversations
- Doesn’t notice how hot a woman is, treats all women the same
- Does what he says
- Doesn’t take insults or attacks on his character lightly
- Doesn’t ask permission to act

Remember that there can typically only be one Alpha Male in a group. If there are two or more, there will be conflict between them. If you are looking to display your alpha characteristics, be sure you’re either alone or with friends who are willing to be subordinate to you. If you are with a friend who is naturally an Alpha Male, either distance yourself from him or learn to be a good wingman and follow his lead.

Typically, you don’t need to be the dominant alpha male in order to attract women. Simply displaying the traits of an Alpha Male will get you far enough.
**Patience and Persistence**

If you’ve ever heard that old parable about the tortoise and the hair, you’ll remember the maxim: Slow And Steady Wins The Race.

If you know what you want, do not be so impatient that you’ll let it slip through your fingers. You have all day to pick up women. I have the next day and the day after as well. So don’t be in a hurry. If it doesn’t feel right, don’t rush it. Just enjoy yourself and move on.

Patience is a virtue for a reason. Taking your time and doing things right will reap you the better rewards.

If you’re looking to have a one night stand with a woman, are you just going to walk up to the first woman you see and ask her to go home with you? Or are you willing to hang back, look for women who seem open and adventurous, and then take the time to talk to them and get a sense for whether or not they’re open to going home with you that night?

Or if you’re looking for a girlfriend, are you going to take the time you need to get to know a girl and see if she’s someone you really want to spend time with? Or are you going to get involved with the first girl who shows interest and risk getting stuck in an unhealthy, unhappy, and ultimately dead-end relationship?

When you think about rushing into something, just remember this old joke:

Two bulls came to the peak of a hill and saw a herd of cows in the pasture below. The young bull said, “Let’s run down there and mount one of those cows”. The old bull said, “I have a better idea. Let’s walk on down there and mount all of them.”

If a woman is locked up, keep talking until she unlocks. Don’t confuse a negative reaction with rejection. A negative reaction is often a defense mechanism and nothing more. Blow past it or bow out. Do not be afraid to put in the time it takes to get the girl you want. If that means calling her once a day for a month, don’t balk at that (but don’t be saving yourself for her either).

Persistence pays off, and you can’t have persistence without patience. If you go out one night and get rejected by twelve women, don’t give up and never go out again. Go out the next night and talk to twenty-four women! And keep going out until you get what you want.

Remember: Patience + Persistence = Success
**Know when to move on**

Just like in sales, there is no holy grail. Nobody closes 100%. If you close 10% you are doing great (that’s roughly one close a night, plenty enough for anyone if you go out 2-3x per week). What’s worse than giving up on a woman too early?

Not giving up a set until it’s too late!

The key to telling the difference is your own inner reaction. If you’re paying attention and you can tell the girl you’re talking to just isn’t into you, move on. Don’t waste your time with people who aren’t interested in what you’ve got! Sure, it might be possible to get them to like you down the line, but that road is a long and hard one that few people can actually travel.

Remember that picking up women is a numbers game, and for every girl that isn’t into you, there’s at least one girl out there who will be. The trick is to find the one who like what you have to offer and not waste too much time on those two don’t.

If you’re talking to a girl and flirting with her, and she’s looking around at other people instead of looking at you while you’re talking to her, chances are she’s not interested. If she is looking at you but making no attempt to engage in the conversation, chances are she’s not interested. If her body language is such that she’s not facing you (or if she turns away from you), chances are she’s not interested.

If that’s the case, excuse yourself politely and move on to a different girl.

Likewise, be aware of your own attraction level. Sometimes you’ll find a girl physically attractive, but once you start talking to her, you find out she’s not really the girl for you. Either she’s a different personality type, or she has a different belief system, or maybe you just find her annoying.

Whatever it may be, if you’re not feeling the attraction, let it go and move on. The point of picking up women is finding one you’ll be happy with, and sometimes you have to throw the fish back after you catch it if it’s not what you want (to use a rather crude metaphor).

If you’re ever in doubt as to what you should do, just ask yourself: “This is my precious time, do I want to spend it with this girl?”

If the answer is no, it’s time to move on.
Humor, playfulness

The best way to be attractive to the opposite sex is to be FUNNY.

Well, maybe not funny in the “ha-ha” sense, but at least ENJOYABLE TO HANG OUT WITH.

That means being playful.

Now, when I talk about being “playful,” I’m not talking about acting the same way you’d act if you were entertaining a 3 year old. I’m talking about being open and comfortable with those around you, and not being afraid to take risks (and maybe even being a little bit outrageous).

In short: DON’T BE SERIOUS!

Taking yourself too seriously will blow any chance you have at picking up a woman, and it will kill any fun people could be having with you. By the same token, taking the girl you’re with too seriously can do the same thing.

If you go out thinking to yourself “I must meet a girl tonight! I can’t go home alone! I’m desperate for a girlfriend!” you need to loosen up! This kind of serious thinking can be a MOOD KILLER if you keep at it, and the women you’re around will sense it.

But if you go out thinking to yourself “Let’s see what kind of women I can meet and have fun with tonight. I don’t care what happens, I just want to have a good time,” then the chances of you attracting the women you’re with become substantially greater!

Remember: Having fun = good feelings = attraction!

Have fun, enjoy her company. See if you can make her smile or laugh. And smile and laugh yourself! Show others you’re having a good time. If you are, they’ll want to join you in it!

And if you get blown out or rejected when trying to have a good time (for instance, you say something outrageous, the girl you’re talking to gets offended and walks away), don’t take it seriously! You rolled the dice, but came up short.

That’s okay. If that happens, tell your friends about it! At the very least, you’ll get respect for having the balls to act that way in front of a girl.

Remember: Betas don’t admit rejection because it means they lost out. Alphas laugh about it because it means SHE lost out.
Challenges

It’s well known that women will often challenge a guy to see if he’s the type of guy she’s going to want to be with. Often times, these challenges get called “tests,” but try not to look at them that way.

A test is something you either pass or fail. It’s cut and dry. A challenge is something you partake in to show what you’re made of. All forms of sports and games are challenges! We love a good challenge, otherwise we’d never play a game or a sport at all.

So when a woman challenges you, look at it as a way to have fun and prove to yourself there’s nothing she can throw at you that’s going to phase you.

If you take her challenges seriously, like you have to prove yourself to her, you’re almost 100% guaranteed to FAIL. The minute you take a challenge offered by a woman too seriously, you’re playing HER game, whereas you need to be in control if you want to win.

If a woman challenges you, relax. And don’t give up. If it doesn’t seem like what you’re doing is working, switch tactics. Do everything you can to come out on top. If need be, take your methods all the way to the point of getting rejected by her. At least then you’ll know you tried your best.

When a woman is intrigued by a man, she will challenge him. The more interest she has, the more she will challenge, so don’t expect to have to tackle just one challenge. Always be looking for these little opportunities to show the woman what kind of a man you are.

Here are some tips for some common challenges:

1) If a funny response comes to mind, say it. Her: “Buy me a drink.” You: “Sure … water or seltzer?” Say it with a smile.
2) Respond to her challenge with a question. Try to switch frames on her and make HER think for a change (why? Because challenges are almost always run on auto-pilot. If you derail her thought process, you are calling the shots). Her: “Buy me a drink” You: “How many guys fall for that a night, anyway?”
3) Exaggerate: Her: “Buy me a drink” You: “Buy me TWO drinks!”
4) If she complains, threaten to do it more: Her: “A real man would buy me a drink” You: “Well, you better run along and find one then, because this real man is NEVER going to buy you a drink”
5) If she’s an out-of-control ugly woman (either inside or out), then do what I do: insult her. It doesn’t help your pick-up any, but it sure feels good. Fat War Pig: “Buy me a drink!” You: “I’m sorry, I don’t buy pregnant women alcohol”.
6) If all else fails, use the double-bind: Her: “Fuck you, you dirty cheap-ass jerk!” You: “Are you a bitch to everyone or just people cooler than you?”
Never Argue

Arguing is unattractive.

Arguing creates unnecessary conflict.

Conflict destroys fun.

Fun is necessary to attraction.

The moment an argument starts with a girl you’re trying to pick up, that’s the moment the pick-up is destroyed.

Now, I’m not saying you can’t disagree with a girl, nor that you shouldn’t debate a topic of conversation. But when an argument looms, it’s your job to avoid it or lose your chance with the girl you’re talking to.

Some women like it when a guy argues with them, but they’re few and far in between. Most women will look at it for what it is: a fight. And that will create feelings of being threatened and hostility within them.

Not good.

To find a way around arguments, either change the subject, or agree with what she says and change the subject. If she continues to press the subject, tell her you don’t want to talk about it. If she persists, she’s looking for an argument, and it’s time to excuse yourself.
Your Problems

We’ve all got problems.

Maybe we’re frustrated at work, maybe we feel insecure about how we look, maybe we’re in financial difficulty…

Whatever it is, everyone has problems.

And because you are you, you’re more aware of your own problems than anyone else. So it’s natural for you to focus on them.

But don’t.

Don’t bring up your problems when attempting to pick up another woman, it’s unattractive. Your problems give others insights to your insecurities, and insecurities are confidence killers. Remember how much women love confident guys? Well, when you bring up your problems, you show chinks in your confident armor.

Of course, should a relationship blossom, the woman you’re with will want to be let in on your problems eventually. She’ll want to see what lies beneath your confident exterior. But in the initial phase where you are trying to pick her up, showing this side of yourself is counter-productive.

So always refrain from discussing your problems. Don’t even bring it up. And if she should touch on something that relates to a problem you’re having, change the subject! Don’t linger on something you don’t wish to discuss.

Remember: Your goal is to get the woman you want attracted to you! Don’t waste your time talking about unattractive stuff.

Almost as important, don’t discuss HER problems!

If you discuss her problems, you become one of them. When she brings up her problems, smile and say “I’m sorry, I think you have me confused with your therapist. Come over here and I’ll make you forget your problems.”

Women are always looking for (what I like to call) “emotional kleen-ex.” Namely, someone they can blow all their gunk on so they don’t have to carry it around. And guess what? Women don’t want to be with a man who’s a walking used kleen-ex!

“Nice guys” fall into this trap too often. They WANT to hear about a woman’s problems in an attempt to show that they’re there for her. Little do they know they’re only emasculating themselves in front of the girl they want to impress! Women have girlfriends to talk to about problems. Don’t be a girlfriend! Be a MAN.
**Supplication**

There's a powerful concept I want to tell you about that is the primary weakness of all "nice guys" everywhere. In a single word, I am able to explain everything that nice guys were doing wrong, and why they weren't getting the girls they wanted.

The concept is that of "Supplication."

Supplication is defined as thus:

supplication
n 1: a prayer asking God's help as part of a religious service [syn: invocation] 2: a humble request for help from someone in authority [syn: plea] 3: the act of communicating with a deity (especially as a petition or in adoration or contrition or thanksgiving); "the priest sank to his knees in prayer" [syn: prayer]

The theory is that most guys so desperately want to please a girl to get her to like them, that they give up all power to her and put her in a position of authority, almost deifying her as an ideal woman who can do no wrong and that they'd do anything for. What they don't realize is that it's that very mentality that turns a woman off, because there is no challenge, attraction, or respect when someone humbles themselves before you.

It's true that supplication is a bad thing, but the problem that exists with this term is how exactly to define it. When does one start supplicating and when does one stop, exactly? Some guys may think they're not supplicating when they really are, and still others may take "not supplicating" to the extreme and become overbearing ass-holes that drive women away despite their intentions.

So what exactly is supplication, and how do we define it?

Some would say the definition is: **Don't do stuff for a woman you don't want to do, just in the hopes of getting her to like you for it.**

This meant, stop spending a lot of money on dates, stop giving her gifts for no reason, stop doing everything she asked of you -- at least until you start getting something in return.

In other words, "You give me what I want, I'll give you what you want, but until then, I'm not going to do anything I don't want to do to impress you."

And the funny thing about this mentality is that it works! Women tend to respect men who don't supplicate to them, and also find this behavior more attractive than that of the average "nice guy."

But over the years, the purity of this concept has gotten diluted. Debates have raged on about what kind of behavior can be considered "supplication" and what kind of behavior
isn't. Some guys have argued that if you even smile at a woman when you meet her, you're supplicating. If you ask her out on a date or ask for her phone number, you're supplicating. If you do ANYTHING she asks of you, you're supplicating.

Debates like these tend to do more harm than good, because men get confused on just how they're supposed to act around a woman they want to get without being stuck with that dreaded "nice guy" label. They want to know exactly what NOT to do to make sure they aren't supplicating to a woman and therefore coming off as an Average Frustrated Chump (AFC) and ruining their chances at getting her.

Let me tell you this: There is no list of behaviors that are considered "supplicative."

You won't find a clear and defined list anywhere you look. There is no "right way" and "wrong way" when it comes to supplicative behaviors.

There are general guidelines to help you out, sure. Things like:

- Only date women you're sleeping with
- Never spend more than $40 on a woman until she's banging you
- Don't let her make all the decisions

And other stuff. But not supplicating to a woman is actually much simpler than that. Here's the key to knowing when you're being supplicating and when you aren't:

*Make a list of rules you want to live by, and if you break those rules, you're supplicating.*

It's as simple as that.

It takes a bit of work on your part, for sure, but once you set those boundaries and live by them, supplication is no longer a factor. A man who lives by his own code strictly and honestly garners respect from those around him. People always know where they stand with you, so they know how to behave to please you. In the end, that's all "not supplicating" really is. Having the woman you desire want to please you.

Here is a list of some of my rules that I live by, to give you an example of what I will and won't do:

- Never reward bad behavior by a woman.
- Always reward behavior I like.
- Don't spend over $50 on a date, unless I'm in a relationship with her.
- When possible, make the decisions, but be open to what she wants to do.
- Limit gift giving to special occasions, and only when the girl has earned it.
- Use only sincere compliments.
- Never lie to her about my feelings.
- Require regular sexual activity in a relationship.
• If she refuses to have sex with me for whatever reason, make it clear I don't want to be in a relationship with her.
• If she cheats on me or is unfaithful, break up with her.
• Once broken up, stay broken up.

Women respond to honesty. If you're honest with who you are and what you want, they'll fall into place, or move on (in which case you both saved a lot of time and energy). But remember this: \textit{once you set rules, never break them.}

EVER.

No exceptions.

One you break a rule, it ceases to be a rule and becomes more of a "guideline."

Everyone's rulebook will be different, so tailor your book to what best suits you. You can agree with other people's rules and adopt them, but never base your rules on what other people do because you're too lazy to make up your own.

If you do this, I guarantee you'll never be confused about supplication again.
Basic Pick-Up Tactics

Using the principles listed above along with a few of these basic tactics will improve your ability to pick up women by 90%:

Sobriety

By Sobriety, I don’t mean you can’t have a drink. What I mean is: don’t lose your edge. If you’re drinking to the point where you’re getting drunk, this is a BAD thing. It slows your reaction time and clouds your judgment. Just remember what you think is more important – getting a good buzz, or getting the girl you want!

Mirror

Mirroring is the process of gaining rapport by mimicking the actions of the person you’re talking to. The idea behind this is that the person you’re talking to will subconsciously pick up on you performing their movements, and it will register as something you both having in common (read: familiarity).

Mirroring builds rapport, but takes a little practice to seem natural. Watch boyfriends and girlfriends in conversation and notice how they mirror each other. Practice mirroring.

One key mirroring move is to notice the direction that your target’s feet are facing when they are talking to you. If her feet are facing 90 degrees, there’s no rapport. As you involve her in conversation, her feet and toes (and thus, her body) will begin to point in your direction. If you have her completely facing you, that’s a good indicator of interest. This becomes a more advanced trick later.

Kino

Kino, or the act of touching another person, is all important. If you don’t perform frequent kino with your target, your interaction is dead. You have to have it, otherwise you will come off as cool, intelligent, and entertaining … but “cold.” Kino is more important than demonstrating value. You could be a loser with nothing interesting about you, but if you can speak to her body, she’ll be yours, if only for a night.

Stage 1 of kino is using your hands to briefly touch her to establish rapport and intimacy. Be gentle, don’t grope your target. This is best taught by example … I like to start off a story by saying something like … “oh, get this (tap her gently on the shoulder) … the funniest thing happened to me today…” Practice timing your light brushes with the emotions you raise in your routines. If you mention sex in a story (“and so-and-so said to her, what if I were to kiss you right here?”) then touch her in a certain spot. Later, you
can touch her there to induce the emotion (note: I’ve never found this to work in the short-term. It works great with girlfriends though). You can easily get a phone number with stage 1 kino alone.

Stage 2 is push and pull kino. This is where you put your hand around her waist and gently push her away to “punish” her (for example, if she tests you) and pull her in to “reward” her for good behavior. You can brush her hair, the back of her neck, or her lower back. If you do this too early, it comes off as creepy and invasive. Stage 2 kino will allow you to get a kiss, make-out, or more.

Stage 3 is more intimate. Hand holding, brushing legs or holding contact for an extended period of time, back rubs, etc. You are good for a possible “deal closer” with stage 3.

**Scarcity**

Scarcity increases value. Don’t answer every phone call, don’t see her every day, don’t be available every day. Be busy and unavailable, let her wonder what you are doing!

**Jealousy**

Never ever show jealousy. Encourage her to talk to other guys. Tell her that “you two” would make a cute couple in a trailer somewhere. Ask if you can come to the wedding and laugh. If you begin to get jealous, she has a hook into you that she can control you with! This is a very dangerous thing with a beautiful woman.